

Family Name: \_\_\_\_\_



**MEALS FORM - YESHIVAS OHR REUVEN 2018-2019**

**MEALS PROGRAMS**

**BREAKFAST - Yeshiva Ketana Grades 6-8/Breakfast is included in the Mesivta and Bais Medrash at no extra charge:** The Breakfast Program includes milk, a variety of cereals and prepared hot food (either pancakes or eggs). Milk is provided daily free of charge for all students who want to bring cereal from home.

**LUNCH- All divisions:** Meals are provided by Continental Kosher Catering under the hashgacha of Rabbi Yechiel Steinmetz, shlit"א.

**SUPPER- Mesivta and Beis Medrash:** Suppers are provided by Ephi's Catering under the hashgacha of Rabbi Yitzchok Heimowitz of Yeshiva Shaarei Torah. \*For students in grades 9-12 who are not in dorm, supper is only served on days that the Mesivta has regular English sessions. Dorm Meal Option (F) supper is served all days, even those when there are no regular English sessions.

**The costs for the meals programs may vary depending on the division and grade. Please make sure to select the appropriate meal plan.**

Plan	Meal	Division/Grades	Price
A	Breakfast	Yeshiva Ketana/Grades 6-8 (Mon-Fri)	\$375
B	Lunch	Yeshiva Ketana/Grades K-8 (Mon-Thurs)	\$660
C	Lunch	Mesivta & Beis Medrash/All grades (Sun-Thurs)	\$945
D	Supper	Mesivta/ Grade 9 (M,W, & Th)	\$795
E	Supper	Mesivta/Grades 10-12 (Mon-Thurs)	\$1,040
F	Supper	Mesivta Dorm and Beis Medrash/All grades (Sun-Thurs)	\$1,490

Meal Plan	Student's Name	Grade	Amount
TOTAL:			

**PAYMENT OPTIONS:**

- CHECK** enclosed for the **total amount** due.  
(Please make check payable to Yeshivas Ohr Reuven and dated by August 20, 2018. Unfortunately, post-dated checks for later than that date cannot be accepted.)
- FACTS** authorized to make **two equal payments** for the total amount due on August 20, 2018 and February 1, 2019.

**Please do not assume that your child will be added to any of the meal lists until you get an email confirmation from the school's Business Office.**

If you have questions about any of the meals program, please contact the Business Office at [businessoffice@ohrreuven.com](mailto:businessoffice@ohrreuven.com) or (845)362-8362, 108.

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**You can return the meals form with your registration forms or submit it at a later date. In order for your son to be on the lists for the first week of school, please return your completed form to the Business Office by Monday, August 20, 2018.**

**SAMPLE LUNCH MENU**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b> Fish Sticks Orzo Hot Vegetables Fresh Fruit	<b>3</b> BBQ Chicken Rice Hot Vegetables Fresh Fruit Juice	<b>4</b> Pizza Bagel Corn Tuna Salad Salad Dressing Fesh Fruit Milk	<b>5</b> Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Apples Milk	<b>6</b>
<b>8</b>	<b>9</b> Potato Knish Vegetable Soup Tuna Salad Tossed Salad Salad Dressing Fresh Fruit Milk Water	<b>10</b> Hot Dog French Fries Pickles Fresh Fruit Juice	<b>11</b> Pareve Chulent Potato Kugel Pickles Fresh Fruit Milk	<b>12</b> Penne Alfredo Penne Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk	<b>13</b>
<b>15</b>	<b>16</b> Cheese Blintz Ministrone Soup Egg Salad Tossed Salad Salad Dressing Fresh Fruit	<b>17</b> Sweet n Tangy Chicken Rice Hot Vegetables Fresh Fruit Juice	<b>18</b> Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Water	<b>19</b> Assorted Bagels Tuna Salad Egg Salad Cream Cheese Tossed Salad Salad Dressing Rotini Soup Fresh Fruit Milk	<b>20</b>
<b>22</b>	<b>23</b> Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Apples Milk	<b>24</b> Shnitzel Rice Hot Vegetables Fresh Fruit Juice	<b>25</b> Pizza Bagel Corn Egg/Tuna Salad Fresh Fruit Milk	<b>26</b> Pareve Chulent Potato Kugel Pickles Fresh Fruit Milk	<b>27</b>
<b>29</b>	<b>30</b> Fish Sticks Orzo Hot Vegetables Fresh Fruit Milk	<b>31</b> BBQ Chicken Rice Hot Vegetables Fresh Fruit Juice			

Milk-Low Fat and Fat Free, and ww bread and water served daily. Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a Menu subject to change



**SAMPLE High School LUNCH MENU**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> BBQ Chicken Rice Hot Vegetables Fresh Fruit	<b>2</b> Pita Falafel Israeli Salad Techina Charif Fresh Fruit	<b>3</b> Fish Sticks Orzo Hot Vegetables Fresh Fruit	<b>4</b>
<b>6</b> Lasagna Mashed Potato Cream of Zucchini Soup Cut Vegetables Dip Fresh Fruit	<b>7</b> Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit	<b>8</b> Hot Dogs Buns French Fries Cole Slaw Fresh Fruit	<b>9</b> Cheese Blintzes Onion Soup Egg Salad Tossed Salad Caesar Dressing Fresh Fruit	<b>10</b> Sicilian Pizza Corn Tuna* Fresh Fruit	<b>11</b>
<b>13</b> Grilled Cheese Sandwiches Potato Soup Cut Vegetables Salad Dressing Fresh Fruit	<b>14</b> Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit	<b>15</b> Honey Glazed Chicken Rice Hot Vegetables Fresh Fruit	<b>16</b> Potato Knish Tuna Salad Mushroom Barley Soup Tossed Salad Fresh Fruit	<b>17</b> French Toast Pancake Syrup Vegetable Soup Tuna Salad Tossed Salad Ceasar Dressing Fresh Fruit	<b>18</b>
<b>20</b> Assorted Bagels Cream Cheese Lox Spread Butter Cut Vegetables Fresh Fruit	<b>21</b> Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit	<b>22</b> Deli Baguettes Pickles Fresh Fruit	<b>23</b> Pareve Chulent Potato Kugel Pickles Fresh Fruit	<b>24</b> Pita Falafel Israeli Salad Techina Charif Fresh Fruit	<b>25</b>
<b>27</b> Eggplant Parmesan Ministrone Soup Cut Vegetables Dip Fresh Fruit	<b>28</b> Penne ala Vodka Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit	<b>29</b> Chicken Nuggets Rice Hot Vegetables Fresh Fruit	<b>30</b> Potato Blintzes Onion Soup Egg Salad Tossed Salad Caesar Dressing Fresh Fruit	<b>31</b> Pizza Bagel Corn Tuna Salad Fresh Fruit	

Milk-Low Fat and Fat Free, and ww bread served daily · Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a  
Menu subject to change



# Ephi's Catering

## SAMPLE SUPPER MENU

<b>Seasoned Schnitzel Garlic Mashed Potatoes Cole Slaw</b>	<b>Roasted BBQ Chicken Israeli Couscous with Onions Cole Slaw or Caesar Salad</b>	<b>Crumb Chicken Roasted Red Potatoes Cole Slaw or Caesar Salad</b>
<b>Ephi's Signature Fire Poppers White Rice</b>	<b>Sweet &amp; Sour Chicken Spanish Rice Cole Slaw or Caesar Salad</b>	<b>Chicken Nuggets Potato Kugel or Sweet Noodle Kugel</b>
<b>Sesame Chicken Orzo with Sautéed Mushrooms and Onions</b>	<b>Baguettes Assorted Deli Cole Slaw Spicy Aioli Garlic Aioli</b>	<b>Baked BBQ Hot Dogs French Fries or Spicy Fries Cole Slaw</b>
<b>Meatballs Spaghetti</b>	<b>Baked BBQ Burgers Chips Cole Slaw</b>	<b>Chicken Vegetable Stir-Fry</b>

\*These are only samples of menu options. Other dishes may be served at the discretion of the caterer. A dairy meal may be served once a week. Soda will be provided.

Ephi Bogopulsky

845-598-1850  
ephiscatering@gmail.com

*Ephi's Catering*  
For all your Catering needs



Under Hashgacha of  
Rabbi Yitzchok Heimowitz of Yeshiva Sharei Torah